



# Pauline Nguyen

**Pauline Nguyen** has the skills to connect with her audience in a profound way - she helps awaken and focus people to change their own story for a better future.



Pauline's story of inspiration and honesty was one of the most impressive presentations I have ever seen - and kept the entire audience engaged and wanting to hear more.

**Crestone Wealth Management**

Pauline captured the attention and hearts of everybody in the room as she told her story of her life - one of the best professional speakers I have seen.

**Capability Project Manager - Westpac**

Pauline Nguyen is a best-selling author and award-winning businesswoman - and her achievements are all the more impressive for her having escaped Vietnam on a boat and survived a Thai refugee camp. She has overcome these adverse beginnings to transform her approach to success by re-engineering her beliefs, questioning the status quo and hacking cultural norms to become one of Australia's most successful entrepreneurs.

As the owner of Red Lantern the most awarded Vietnamese restaurant in the world, in 2012 Pauline won the Australian Telstra Business Award for Medium Business. However, that is only the tip of the iceberg when it comes to Pauline's achievements; her memoir, *Secrets of the Red Lantern*, has been critically acclaimed around the world and appeared in numerous bestseller lists. She holds a BA in Communications from the University of Technology, Sydney, and in 2008 won Newcomer Writer of the Year at the Australian Book Industry Awards.

Pauline is an original 'Rare Bird' - one of Australia's top 50 influential female entrepreneurs - and is included in Blackwell and Hobday's global recognition of 200 Women Who Will Change the Way You See the World.

Pauline has achieved outstanding success as an entrepreneur, author, businesswoman and acclaimed speaker with the unique ability to connect with her audience in a profound way, empowering them to change their story for a better future.

She has a high-performing Western business background combined with an Eastern slant of spirituality - and her unique philosophy is taught with warmth and humour, telling her own story of what can be achieved through key alignment of thoughts and intentions.



# my topics...

## The Red Lantern Story

### From extreme adversity to success

Having escaped Vietnam on a boat and survived a Thai refugee camp, Pauline Nguyen has learned to reframe the events of her tumultuous childhood and often describes her upbringing as her 'training' to become a master of her thoughts, behaviours and emotions - learning to approach everything with an unshakable spirit to become the owner of the most awarded Vietnamese restaurant in the world, Red Lantern.

#### Key takeaways:

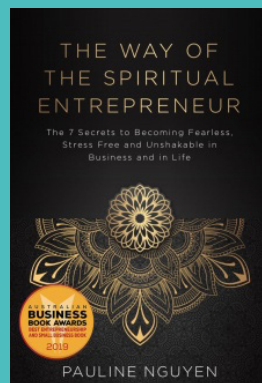
- ▶ To overcome adversity and transform an approach to success by re-engineering beliefs, questioning the status quo and hacking cultural norms.
- ▶ Apply the mindset of sustainability to all aspects of business to master customer service, employee retention, customer retention, supplier retention, and leadership.
- ▶ To Build a Business Brand as well as a Personal Brand

## Mastering Influence in Business and Life

### The game of business mastery is the game of mastering influence

Named as one of 'Australia's Top 50 Influential Female Entrepreneurs', and one of the hand-selected *200 Women Who Will Change the Way You See the World*, Pauline understands how to use the Weapons of Influence in business and in life. Her day-to-day professional life was in orbit around her life principles, and not the other way around.

This self-actualisation has carried her to prosperity while running the awarded restaurant Red Lantern, (the most awarded Vietnamese restaurant in the world) and authoring bestseller, *Secrets of the Red Lantern*, (Winner Debut Writer of the Year).



## The Way Of The Spiritual Entrepreneur

The Way Of The Spiritual Entrepreneur helps socially conscious, spiritually-minded entrepreneurs be fearless, stress free, and unshakable by teaching overlooked and forgotten developments in cognitive science, quantum physics, and biology that you can use to transform your life and your business today.

She wrote this book after years of encouragement from those who have heard her speak on the international stage or have worked with her, to bring her philosophy and

#### Asia Pacific Office

+612 9818 5199

info@odemangement.com

10th Floor, 82 Elizabeth St  
Sydney NSW, Australia 2000

#### U.S. Office

+1 877 950 5633

info@odemangement.com

Figueroa at Wilshire, 601 S.Figueroa Str,  
Suite 4050, Los Angeles, Ca 90017, USA

## Calm Courage, Resounding Resilience, Tacit Grit

### Navigating through change and disruption

As a thought leader, Pauline's unique life experiences have given her a distinctive insight into the minds of individuals and businesses alike, allowing her to pass on the invaluable skills of self-mastery, courage, resilience and grit. As Pauline says, 'If we can learn the tools of self-mastery, we can better practice the art of influence over others.'

When Pauline talks of commitment driving outcomes, people listen.

#### Key takeaways:

- ▶ Navigating through change and disruption.
- ▶ Developing personal and organisational Courage, Resilience and Grit.
- ▶ How to maximize joy and enhance personal performance in Business Leadership and Life Leadership.

## The Way of The Spiritual Entrepreneur

### The 7 secrets to becoming fearless, stress-free and unshakable in business and in life

This keynote is a no bones, honest and forthright methodology of business, life and spiritual practice designed to disrupt standard ways of thinking, bringing the unconscious into the conscious and catapulting the audience into an optimistic mindset of abundance and possibility. Any person or organisation who follows The Way of The Spiritual Entrepreneur is destined to have a competitive advantage in business and in life.

#### Key takeaways:

- ▶ How to master your emotions to stay cool under pressure.
- ▶ Finding inner peace amongst the chaos and confusion.
- ▶ Cultivating Self Mastery of Mindset, Heartset, Healthset and Soulset.

wisdom to a larger audience. Her blend of mystic Eastern spirituality and high-performing Western business acumen make her uniquely suited to speak to entrepreneurs about rewiring your biology and rewriting your biography.

As with all her speaking and business endeavors, Pauline speaks from the heart to inspire action. She blends effective exercises, scientific proof, and relatable examples to help you live deliberately, not by default.

Her book, The Way of the Spiritual Entrepreneur is the Winner of Best Entrepreneurship and Small Business Book of the Year 2019.

