

Pauline Nguyen – Topics

The Red Lantern Story

From extreme adversity to success.

Having escaped Vietnam on a boat and survived a Thai refugee camp, Pauline Nguyen has learned to reframe the events of her tumultuous childhood and often describes her upbringing as her ‘training’ to become a master of her thoughts, behaviours and emotions - learning to approach everything with an unshakable spirit to become the owner of the most awarded Vietnamese restaurant in the world, Red Lantern.

In this keynote you will learn:

- to overcome adversity and transform an approach to success by re-engineering beliefs, questioning the status quo and hacking cultural norms.
- Apply the mindset of sustainability to all aspects of business to master customer service, employee retention, customer retention, supplier retention, and leadership.
- to Build a Business Brand as well as a Personal Brand

Calm Courage, Resounding Resilience, Tacit Grit

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Navigating through change and disruption.

As a thought leader, Pauline's unique life experiences have given her a distinctive insight into the minds of individuals and businesses alike, allowing her to pass on the invaluable skills of self-mastery, courage, resilience and grit. As Pauline says, 'If we can learn the tools of self-mastery, we can better practice the art of influence over others.'

When Pauline talks of commitment driving outcomes, people listen.

Key takeaways:

- Navigating through change and disruption.
- Developing personal and organisational Courage, Resilience and Grit
- How to maximize joy and enhance personal performance in Business Leadership and Life Leadership

Mastering Influence in Business and Life

The Game of Business Mastery is the Game of Mastering Influence

Named as one of 'Australia's Top 50 Influential Female Entrepreneurs', and one of the hand-selected '200 Women Who Will Change the Way You See the World', Pauline understands how to use the Weapons of

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Influence in business and in life. Her day-to-day professional life was in orbit around her life principles, and not the other way around.

This self-actualisation has carried her to prosperity while running the awarded restaurant Red Lantern, (the most awarded Vietnamese restaurant in the world) and authoring bestseller, Secrets of the Red Lantern, (Winner Debut Writer of the Year).

The Way of The Spiritual Entrepreneur

The 7 Secrets to Becoming Fearless, Stress-Free and Unshakable in Business and in Life

This keynote is a no bones, honest and forthright methodology of business, life and spiritual practice designed to disrupt standard ways of thinking, bringing the unconscious into the conscious and catapulting the audience into an optimistic mindset of abundance and possibility. Any person or organisation who follows The Way of The Spiritual Entrepreneur is destined to have a competitive advantage in business and in life.

Key takeaways:

1. How to master your emotions to stay cool under pressure
2. Finding inner peace amongst the chaos and confusion.
3. Cultivating Self Mastery of Mindset, Heartset, Healthset and Soulset

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