

# ENKROMELLE ANDREW

Team Culture & Leadership Keynote Speaker



## **SIGNATURE KEYNOTES SYNOPSIS**

### **Stoicism - A Guide To Building Emotionally Intelligent Teams**

This talk will equip your team with powerful knowledge of how to become self-aware through stoicism and use emotional information or feelings to their advantage as a result becoming more equipped to communicate effectively, overcome challenges and defuse conflict.

Emotions are an important part of our lives as humans, however our inability to understand or manage them can be detrimental to a teams' efforts and lead team discord.

### **Compound Effect: The tiny daily productivity habits that increase team efficiency**

Help your team create and integrate routine that is simple, clear and actionable to increase productivity. This is a practical session that will require teams to work together and practice unique productivity exercises when overwhelmed by the day-to-day operational responsibilities of their jobs. The goal is to help individuals achieve balance and perform at their peak without risking burnout. Our focus in this session is to learn how to make the "good habits" stick and be literally etched into our neural pathways.

### **The Customizable Talk: Tailored because a gown first measured fits best!**

Do you already have an idea of what you would like Enkromelle's talk at your event to be about? A customized talk is created to address & teach your team or event audience based on a specific brief provided by you (client). Whilst humor is a big portion of our sessions all keynotes are structured to be practical, actionable and have been well researched leaving your audience raring to go!

**FOR BOOKINGS:**

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