

Speech topics / Description

***Overcoming Adversity**

Skydiving Accident ... On April 11th of 2009 Tyler's life was turned upside down during what was meant to be a routine skydive with his mom there to join. Lucky to be alive, Tyler woke up on his 26th birthday April 16 and learned of his injuries and what lay ahead, a long road to recovery. This is when his spirit kept him alive, with the strong support from friends, family and his community. Fighting off depression and staying positive were his biggest daily challenges in those following months.

Recovery ... With months of relearning basic skills to function in daily life, Tyler began Journaling about his recovery and daily achievements to follow his progress and stay focused. This was his way to envision the future. Tyler would collaborate with the doctors regarding his limitations and outlook for his future. When there is no light at the end of the tunnel, you must have hope.

***Pursue your Dreams**

Bonus Life... After a couple years of being back to lifeguarding, Tyler wanted more. What else could he accomplish with his new "bonus life"? Using an old math notebook, Tyler made a list...one that would forever change his life. He wrote down all the countries he wanted to visit, work and live. How to fund the travels, languages to learn, necessary visas etc. With a lot of planning and long term goals he wrote everything down.

Training for Australia... With consistency and motivation, it was time to make his dreams a reality.

Tyler was given the opportunity to go overseas and work as a lifeguard on the beaches of Western Australia. Although, he would have to pass all the physical requirements. Not only that, he would have to resign from his full time Job as an Ocean Rescue Captain in Cocoa Beach Florida. He would have to push everyday, and never give up.

Journals from Cloud 9 takes you through his travels. From Lifeguarding on the sharky West Coast of Australia, Helicopter rides, close encounters, daily beach closures, wild motorbike surf trips in the Jungles of Indonesia to meeting some of the most influential people that kept Tyler on the path that led him to working and living in several countries doing what he loves, Lifeguarding and surf coaching.

***Becoming a Leader**

Lifeguard... Saving lives and taking on new Leadership responsibilities.

At the age of 24 Tyler became a full time Ocean lifeguard. He quickly worked his way up the ranks and became a Captain in his second season. Then faced with a full staff of lifeguards, Tyler had to learn how to take charge and follow the path of becoming a leader. Saving lives from nine to five led to numerous challenges, lessons, wins along with failures.

Tyler would accept the biggest challenge to date in 2020 of leading a team of Indonesian watermen at Nihi Resort on the island of Sumba, voted best hotel in the world by Travel and Leisure two years straight. Leading by example would be key for success.

Keynote by Tyler Farnham

If your life ended right now what would you **regret not doing?**

Come and **be inspired** by the **near-death experience** that **changes life** and **motivated life** to the fullest.

Come to know the true meaning of **Motivation**, **Goal Setting**, **Persistence** and **Collaboration**

The Tragic Accident:

On April 11 2009, Tyler had a skydiving accident. He spiraled into the ground with tremendous force breaking both legs, right arm in two places, mandible, both jaw condyles and nine teeth. He was then loaded onto a helicopter and sent to the hospital where he was placed in a medically induced coma due to the severe trauma. Tyler was in the coma for five days, waking up on his 26th birthday. The doctors were not sure whether he would walk again as he had broken both femurs. After a few weeks in the hospital and almost losing his right leg, he went to rehabilitation centers and underwent multiple surgeries for his legs and jaw. Tyler was confined to a wheelchair, and his mouth had to be wired shut for two months. Despite the fear of what would become of his new life, Tyler worked his way up to riding a bike, and through the winter of 2009, he was able to bike and swim laps five days a week. By March 2010, he was back to surfing and took a refresher course and got back to skydiving.

Tyler, The Positive Man:

Giving up on his dreams was never an option. Tyler ignored what the world had to say and started speaking to himself asking questions like how do I become the best version of me? And what does happiness look like? The inner voice started responding and the motivation deep within his heart made him follow his undying passion. What matters most is your mind within your control. He always knew that a positive attitude uplifts the mind, body and soul.

After getting back to surfing and skydiving, Tyler realized that he could do anything he set his mind to. A few months later, he passed his basic emergency medical technician exam. He jumped back into school and started plugging away at his associate's degree. He also requalified for lifeguarding by completing a two-mile run and 500-meter swim. His life started to fall back in place and has changed drastically. It took his accident to give him a true appreciation for life and the time we all have here on earth.

Join this Seminar and Learn About:

- ✓ Tyler's death defying story
- ✓ Tyler's perspective on life after the accident
- ✓ Tyler's way of using his new "bonus" life
- ✓ Tyler's mindset in overcoming the challenging moments

The Basis of Positive-Thinking Seminar: By the end of these down-to-earth motivational seminars, you will have:

1. Identified the emotional reactions that inhibit your best responses
2. Identified the negative thinking that stops you from being your best
3. Learned how to minimize unwanted thoughts, emotions and behaviors
4. A mental roadmap to resolve anxiety, anger, disappointment and other disturbing emotions
5. A clear understanding of Positive Thinking and its vital role in optimizing your life
6. Accepted what is out of your control and learned how to optimize what is within your control
7. The essential mental resource to be your best and make positive choices in any circumstance
8. learned how to function at your peak in life, business and personal relationships
9. learned how to minimize stress and maximize your daily activity
10. The mental platform to maximize your resources, opportunities, productivity and success.

"Climb that Mountain and accomplish your goals!"

- ✓ **Positive life Management:** How to change your personal and professional lives for the positive and how the right kind of thinking can make all the difference in every aspect of your lives.
- ✓ **Thinking BIG:** How to enlarge your thinking in order to attain optimum results of sure shot success!
- ✓ **Building Confidence and Destroying Fear:** How to address self-esteem issues of every individual in various situations and enhance for the betterment of business and personal growth.

- ✓ **Building successful relationships:** How to identify what you are doing right or wrong in your personal and professional relationships, then provide techniques on improving these relationships for your own personal growth and helping the organization.
- ✓ **Defeating Stress and Depression: How to** become aware of stress and depression and the effects on personal and professional lives, and simply, yet practically, tackle personal and professional stress and depression.

Who Should Attend:

- ✓ CEOs, executives, large and small business owners, employees and entrepreneurs
- ✓ People who wish to minimize stress, maximize key inspiration to enjoy the best life has to offer.
- ✓ People who are not willing to settle for second best in their business and personal lives